10 tips for a sustainable lifestyle at the U

Green U
Office of Sustainability

1- Eat plant-based

2- Put your computer on sleep mode

3- Take your trash and recyclables to the central bins, flatten cardboard boxes

4- Don't use disposable plastic, bring your own bottle, mug, food container.

6- Become a Green Liaison

7- Buy products with recycled content, third party certified:
USDA Organic, Fair Trade, Energy Star, Forest Stewardship Council, Marine Stewardship Council, Green Seal, EPA Water Sense.

8- Try mass transit, carpooling or biking

9- Travel less, opt for skype meetings

10- Use less, plant trees, walk more

NO LIQUIDS   NO CUPS NO LIDS

CLEAN PAPER · CARDBOARD · EMPTY BOTTLES · EMPTY CANS

Green U
Green Office
Certification Program

CLEAN PAPER · CARDBOARD · EMPTY BOTTLES · EMPTY CANS

RECYCLE

NO FOOD   NO LIQUIDS

Sustainability 101

Webinar

Ctrl

Trash

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