

Corky stem Passion- flower

Passiflora suberosa



When to plant: Anytime of year!

Uses in medicine and cooking: A leaf decoction can be used to treat an itch. The fruit is edible and the ground plant can be used as a tea.

Uses in nature: Larval host for Gulf Fritillary, Julia Heliconian, and Zebra Heliconian butterflies.