

Garlic Chive

Allium Tuberosum



When to Plant: 8-10 weeks before the last frost

When to Harvest: 30 days after planting or 60 days after seeding

Uses in Medicine: Rich in Vitamin C, which prevents from common cold and fever, also rich in riboflavin, potassium, vitamin A, iron, thiamin, and beta carotene. These elements help in blood count increase, maintaining blood pressure, and increasing immunity power.

Uses in Cooking: Garlic chive can be used as a garlic substitute and is used in many soups, stews, salads, and marinades.

