

Miracle Fruit Tree

Synsepalum dulcificum



When to Plant: Trees can be planted year-round in warm climates

When to Harvest: Berries take 2-3 years to mature, and should ideally be harvested in October

Uses in Medicine: The miracle fruit is used to correct chemotherapy-related taste disturbances. A chemical in the fruit makes typically sour tastes register as sweet.

Uses in Cooking: The fruit isn't used in cooking, however it can be eaten with citrus fruits such as lemons, limes, or grapefruits to fully experience its taste-altering effects.

